



American Red Cross Certified Life Guard Training

Prerequisite Pool Test, Registration, Payment, ID Verification (15yo by 4/11/2019)
TEST - 300 Meter Swim, 2 min no hands water tread, 25 meter timed brick retrieval
Day 1 Saturday, March 16, 2019, 11AM or Day 2 Saturday, March 23, 2019, 11AM

THIS IS A BLENDED CLASS. CANDIDATES MUST COMPLETE SELF-PACED ON-LINE COURSEWORK & TESTING PRIOR TO THE FINAL IN PERSON SKILL ASSESSMENT AND WRITTEN TEST.

Hands-on Coursework. **100% Attendance Required.** Will be in the water every day. Must come prepared.

Day 1 Monday April 8, 2019, 4:00Pm-8:00PM – CPR + water skills

Day 2 Tuesday April 9, 2019, 4:00Pm-8:00PM – First Aid + water skills

Day 3 Wednesday April 10, 2019, 4:00Pm-8:00PM – WATER SKILLS

Day 4 Thursday April 11, 2019, 4:00Pm-8:00PM – REVIEW FINAL TEST

Course Cost: \$225.00

Life Guard, CPR for the Professional Rescuer, First Aid and AED Training.

Full Re-certification only is \$175.00

CPR for the Professional Rescuer Re-certification only is \$90.00
(April 8th 4:00Pm-8:00PM)

E-mail us your Name, Age and, phone number to:

summitswimmingtraining@gmail.com

Remember attendance is required. You must attend all days. No Exceptions! Also bring something to drink and eat with you, the schedule does allow permit extended breaks. Must bring your suit for these days as well. All days will include water time. Candidates must be proficient in the water. Acceptance into the class requires passing the prerequisite tests.

Make checks out to:

M3 and Associates, LLC

Mail to:

REF: LifeGuard Candidate

2565 N Crestview Drive

Grayson, GA 30017

The class is being held at the Summit Chase Country Club

Lower Competition Pool Area

The pool address is:

3197 Classic Dr, Snellville, GA 30078